

The Medical Care Community for the Transition of Youth and Young Adults with ASD

Dr. Kassia Johnson
Developmental Pediatrician

Dr. Tom Cheetham
Family Physician



Today we are going to look at:

- The Care Community
- The Transition Process
- The Important Areas of Transition for Youth and Young Adults with ASD
- Some Ideas for Achieving These Goals
- Who Can Some of Our Community Partners Be



Why is a Community Important?

- Community provides:
 - Support, consistency, nourishment, guidance
- Communities develop around and are made strong by common interests and goals
- Communities that are made strong while immediate care providers are able to can endure long after care providers are no longer available
- Communities don't have to be large



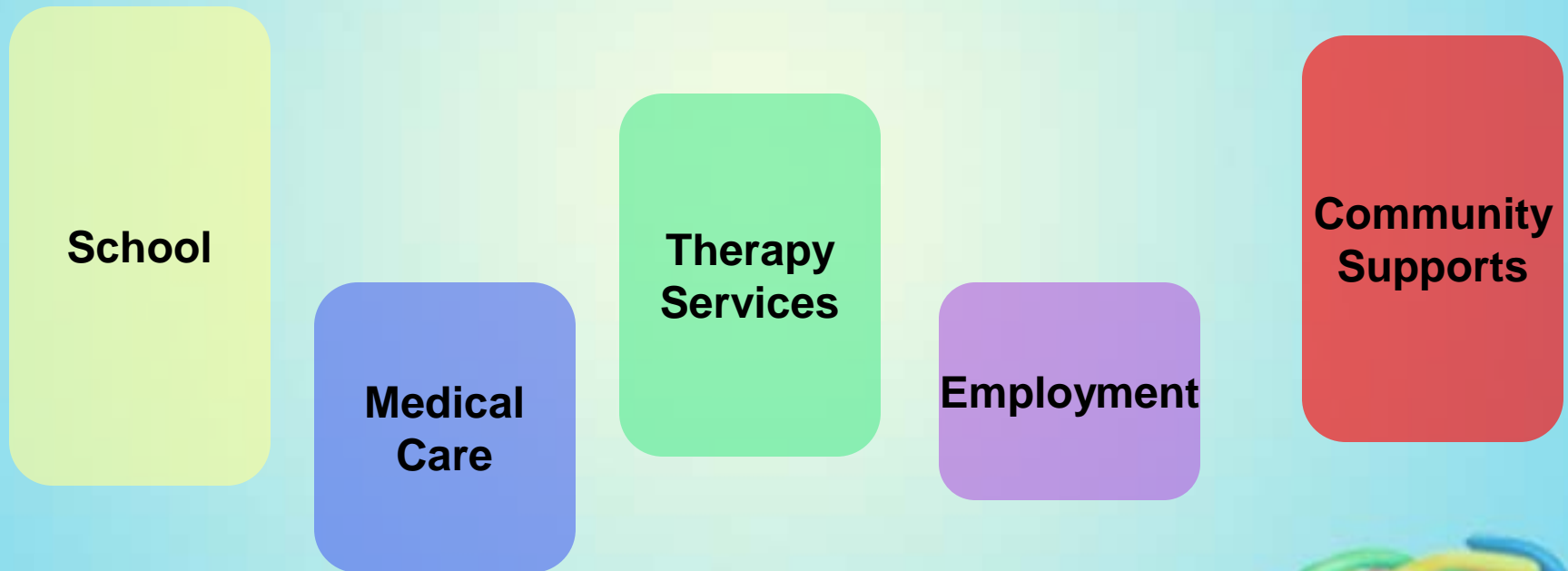
What is a Care Community?

- The home of the youth's **LIFE** information
 - Health
 - Education
 - Service & Community needs
- The lifelong support and integrated service provider for the young adult that does not “open” and “close” files but “holds” them until needs once again arise
- Based in the individual's community



The Current “Silo” Care Community

Fragmented, Under funded, Segregated, Waitlisted



FRUSTRATING



A Model for a Medical Care Community?

- The place where medicine is a part of school, employment, community service provision, therapy services, etc.
- Healthcare providers (doctors, nurses, nurse practitioners) talking to teachers, services providers, individuals and families
- HCP work on interdisciplinary teams that provide life span care crosses the artificial pediatric to adult service divide



The Model Care Community

Integrated

Creative



Forward
Thinking

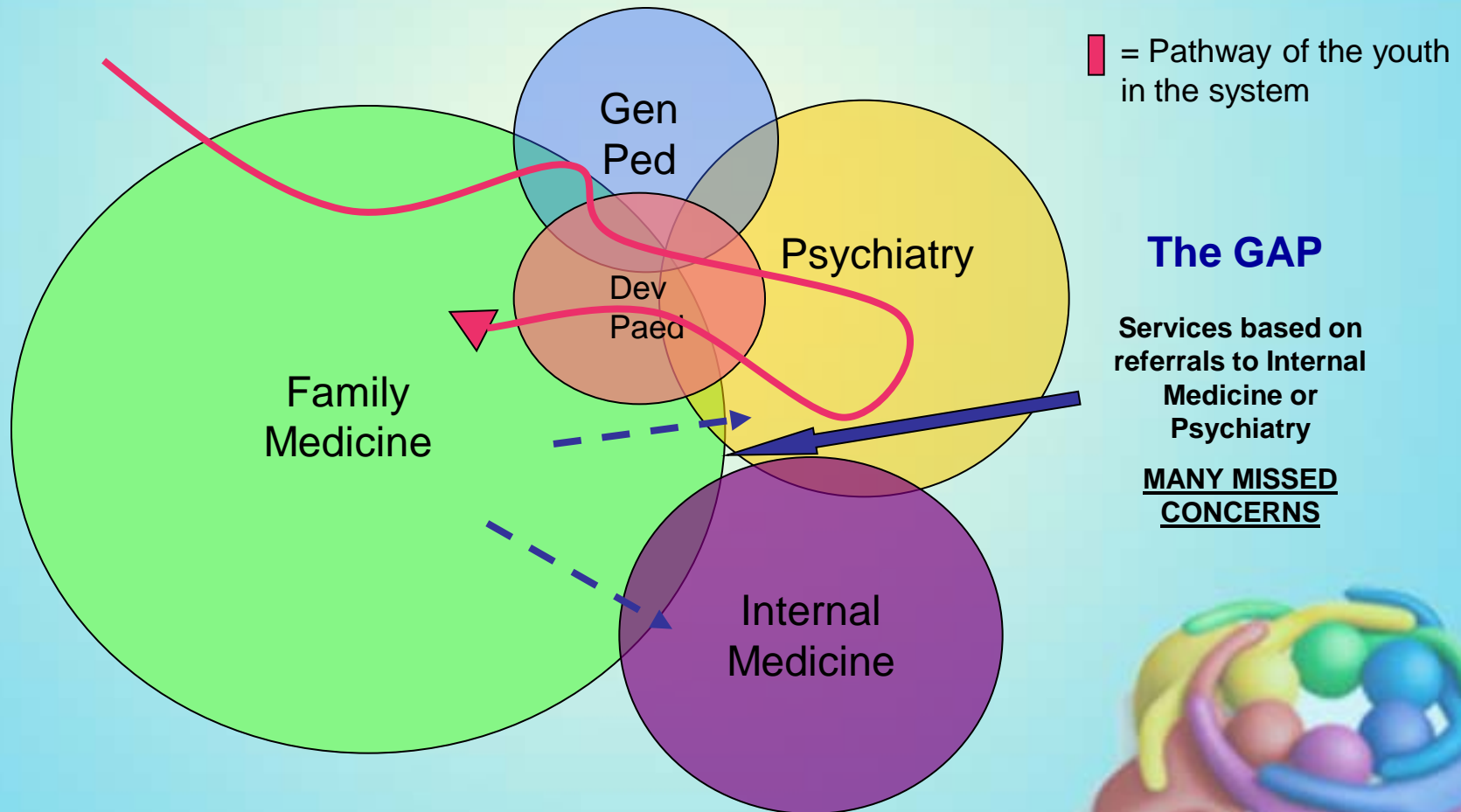
Preventative

What is Transition?

- As defined for this talk it is:
 - ***The movement **OUT** of the child or pediatric healthcare system **INTO** the adult healthcare system***
 - Usually occurs between the ages of 16 – 21 years old depending on the service system (school, healthcare, developmental services)
- Other times of major life transition might include:
 - In or out of intensive therapy programs
 - retirement



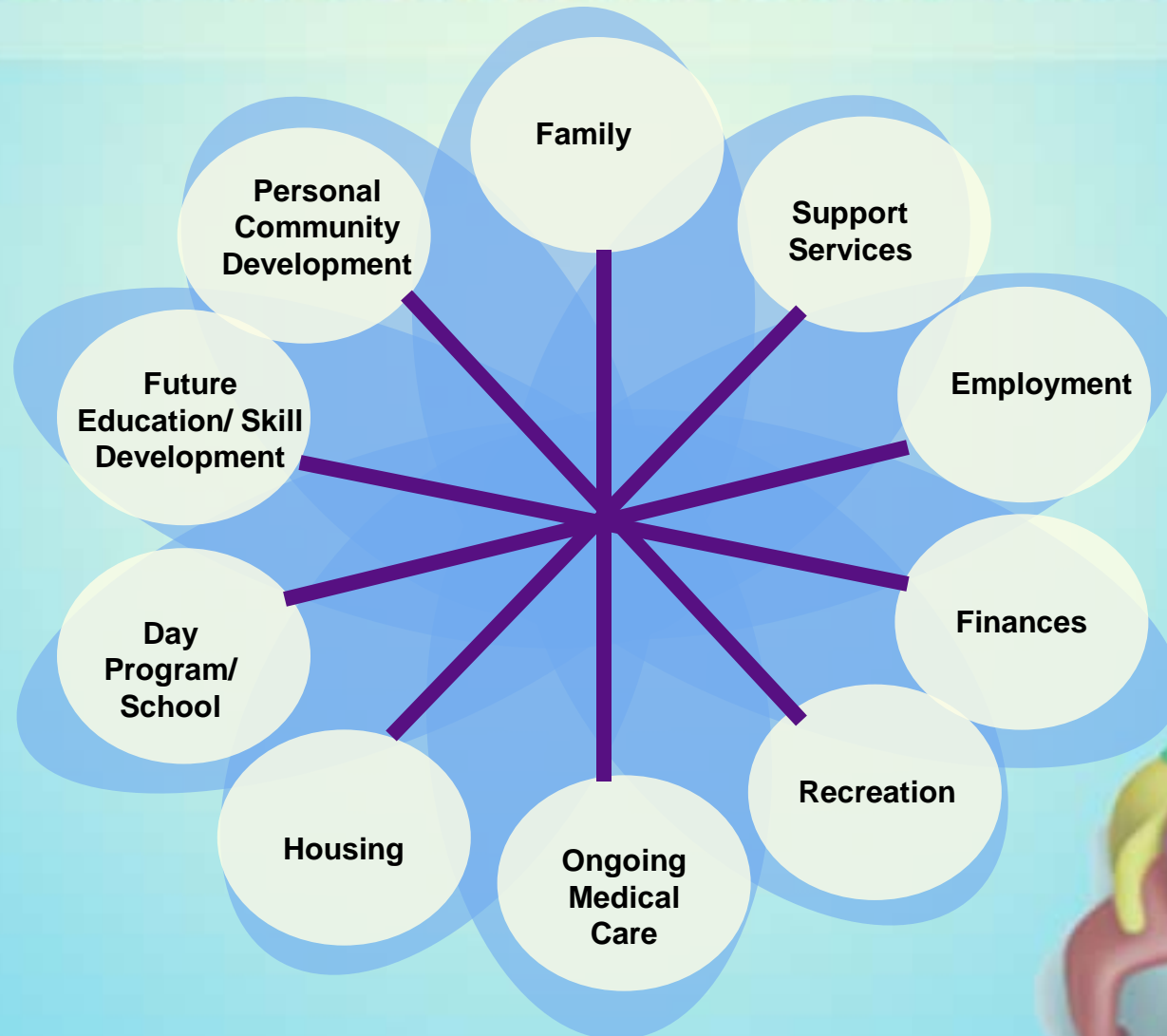
The Current Medical Transition Process



A Model for a Transition Process



The Ten Areas of Transition



Making the Transition Process ASD Aware

- Services Needs
 - Sensory sensitive
 - Intellectually variable
 - Self directed AND supported
- Community Needs
 - Awareness
 - Openness
 - Flexibility

Just a few ideas!



Some Ideas for Achieving the Goals



Where we have
come from

Where we are now

Where we are going

The Adolescent and Adult Centre for Service and Support

PREVENTATIVE & PROACTIVE

Community Specific

Gathering Place

Flexible

Interdisciplinary

Supportive

Creative Approaches

Ability Based



Incorporates health, wellness, recreation, employment services, etc.

The ONE Stop Shop

Needs Based

Not time limited

Safe and Enjoyable Space



Community Partners in the Centre

- Community Partners can:
 - Development new programs
 - educational, social, supportive
 - Raise awareness
 - Become protective members of the community
 - Provide unique employment opportunities



Who Can Be a Community Partner?

- ***Think Outside the Box***
- Local Bank
 - Opportunities for financial literacy program development, program financial support
- Local Police Station
 - Appropriate protection and crisis support
- Community Lawyer or Accountant
 - Education and planning opportunities



Transitional Care Needs to Be...



Transitional Care of Youth and Young Adults with ASD

Thank You

Dr. Kassia Johnson
Developmental Pediatrician

Dr. Tom Cheetham
Family Physician

